

In Lak'ech

MASSAGE & BEAUTY SPA



MASSAGES

RELAX & UNWIND

A combination of a Swedish massage and therapist acquired technique. Pressure is tailored for your individual needs with a ten minute foot massage.

60 minutes: \$120.00 | 90 minutes \$150.00

DEEP TISSUE

Deep tissue pressure concentrated on areas of tension and pain. Ends with a ten minute smooth facial massage.

60 minutes: \$150.00 | 90 minutes \$180.00

HOT STONE

A Swedish massage prepares your muscles for warm stones on key acupressure points on your body.

60 minutes: \$150.00 | 90 minutes \$180.00

MAYAN BELLY

A gentle massage that guides the organs back to their rightful position for optimal functioning.

60 minutes: \$120.00

RELAXING PRENATAL

Assists with tension release in the muscles and relieves body aches caused by stress or strenuous activity.

60 minutes: \$120.00

HEAD, BACK & SHOULDERS

Designed to relieve stress and tension from the head, back and shoulders.

60 minutes: \$140.00

FEET & LEGS

A relaxing massage for tired legs and feet.

60 minutes: \$115.00

ALL PRICES ARE IN US DOLLARS AND INCLUSIVE OF TAXES

BODY SCRUB

MAYAN CACAO & CINNAMON

A full body massage followed by an aromatic exfoliation of dead skin using natural ingredients that leaves your skin smooth and rejuvenated.

60 minutes: \$175.00

BODY WRAP

MAYAN CACAO & HONEY

Treatment begins with an exfoliating cacao sugar scrub, followed by a chocolate and honey paste that is applied to the body and wrapped to seal in moisture. After the wrap is removed, relax with a full body massage.

90 minutes: \$200.00

FACIAL

HYDRATING FACIAL

Includes a deep cleanse, exfoliation, facial steaming and gentle extraction. A relaxing hand and foot massage is included.

***Dermalogica Products Only** | 60 minutes: \$100.00

MANICURES & PEDICURES

REGULAR NAIL POLISH

Hands and feet are groomed, massaged and polished. Completed with a head or neck massage.

Manicure 45 minutes: \$65.00 | Pedicure 60 minutes \$75.00

WAXING

UPPER LIP - \$20.00

UNDER ARMS - \$45.00

LEGS - \$85.00

BIKINI - \$65.00

BRAZILIAN - \$85.00

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